

Job Posting Title: Men's Football GPS Intern

Grade and Salary: Internship, unpaid (benefits listed below)

Working pattern:

- Match day on Saturday's home games only (all where possible)
- Match day on Wednesday's home games only (on occasions as agreed with Head Coach)
- 1 x weekly training session (as agreed with Head Coach)

Organisation Name: Oriam: Scotland's Sports Performance Centre

About Oriam: Oriam has a vision to inspire, engage and motivate our communities through the facilities we provide and the interactions we have with our customers. As a member of the team, you will contribute to the delivery of the strategy.

Purpose of Role: To provide GPS data support to the Heriot-Watt Men's Football First Team.

Summary of Key Duties and Responsibilities:

- Provide support to the Head Football Coach and support staff through:
 - Collection of GPS data at each Men's 1st Team football team training session and match day (as outlined above)
 - Work closely with the Performance Sport Manager to manage data systems by producing and utilising appropriate data monitoring tools to monitor team and individual player training workloads
 - Work closely with the Performance Sport Manager to manage data systems by producing and utilising data monitoring tools to examine demands of matches, and monitor in comparison to training data
 - Produce regular reports, working closely with the Sport Scientist and Physiotherapist, to help inform the Head Football Coach on training plans for team / individual player workloads
 - Work closely with the Sport Scientist and Physiotherapist to help inform individual players rehab and return to play protocols where appropriate

Education, Qualifications & Experience:

These are the criteria on which the short-listing and recruitment selection will be based.

<u>Essential</u>

- 1. Enrolled as a student in a Sport and Exercise Science related course (undergraduate or postgraduate)
- 2. Competent in the use of relevant IT packages
- 3. Well-developed interpersonal and communication skills
- 4. Demonstrable professional and proactive approach
- 5. Ability to develop relationships with a range of stakeholders players, coaches, support staff etc.
- 6. Demonstrable ability to work quickly, flexibly and accurately in a dynamic, changing environment
- 7. Excellent time management

<u>Desirable</u>

1. Previous experience of working with GPS, and management / reporting of data





Oriam, Heriot-Watt Services Ltd, Edinburgh, EH14 4AS



oriamscotland.com



Benefits:

In addition to gaining valuable experience and develop new skills while working within an experienced multi-disciplinary team, as an Oriam intern you will:

- 1. Receive a complimentary Oriam membership for the duration of your internship
- 2. Receive Oriam & HW Football Club kit to wear for the duration of your internship
- 3. Have the opportunity to work with an experienced Sport Science team and develop key skills to enhance your performance of working within the applied field
- 4. Optional attendance of Oriam Sport Science Internship workshops
- 5. Have the option of taking part in Oriam Sport Science Internship tasks and presentations
- 6. Have opportunities to support on the delivery of other key Sport Science support services e.g. fitness testing, educational workshops, recovery sessions etc.
- 7. Optional attendance at Performance Department meetings, Delivery Section meetings, All Staff Days and staff socials.

How to apply:

Please submit your CV and cover letter to <u>careers@oriam.hw.ac.uk</u> by 23:59 on 11th August.

Application Timeline:

Application deadline: 23:59 on 11th August Interviews: 21st August Onboarding and Induction Day: 9:00 - 16:00 on 2nd September:

Please contact careers@oriam.hw.ac.uk to ask any questions about this role.





